

The EBSB Club organised an online **Wellness Programme “MAANASIK SWAASTHYA”** on the 15th of July, 2020 in an effort to enhance the physical and psychological well being of youngsters. The programme was an initiative of the members of the EBSB club. A total of 20 students spoke on the need to be positive and hopeful so as to help keep up the mental health and well being of people during the Pandemic and lockdown days.

Link [<http://drive.google.com/file/d/1nYVi6SglWWxJABARGiar8kdZ5iJiuX7/view?usp=drivesdk>]

